



CHIRNSIDE PARK NETBALL CLUB PLAYER & FAMILY PACK 2026

Chirnside Park Netball Club
Kimberley Reserve
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Chirnside Park, 3116
chirnsideparknc@gmail.com

Welcome to Seasons 2026 with Chirnside Park Netball Club!

As we look ahead to the season (and many more to come), we'd love to share the values that make our club such a special place. At CPNC, we're big on sportsmanship, teamwork, and commitment — but just as important are having fun, feeling supported, and making everyone feel they belong.

Our goal is to create a safe, inclusive, and positive environment where players can build skills, grow confidence, and enjoy every moment on and off the court. We ask all players and families to carry these values with them, whether it's during a match, at training, or cheering from the sidelines.

Your energy, support, and Panther pride are what make our club shine. We're so excited to see what we'll achieve together this season.

Here's to growth, friendships, great netball, and an unforgettable 2026 season with our amazing Chirnside Park Netball Club family.

ENJOYMENT OF THE GAME

Netball is a wonderful way for your child to build lifelong friendships, develop a love for staying active, embrace team spirit, and grow as an individual. To help your child thrive in these amazing experiences, they'll need the support of their family and the Chirnside Park Netball Club community.

Together, we can create an experience they'll cherish forever.

COMMUNICATION

Clear communication is essential for the success of any organization, and Chirnside Park Netball Club is no different! To keep everyone connected, team-related updates will typically be shared through a Messenger chat group. These groups will include team Coaches, Team Managers, parents, players (where age-appropriate), and select Committee Members.

We encourage you to use these chats throughout the season to share important updates such as player absences (for training, games, or events) and any injuries—please let your team Coaches know as early as possible. The chat is also a great place to ask for team-related information, like game times, uniform requirements, or special events. Feel free to share team photos here too if you're comfortable!

Let's keep these chats positive and respectful so they remain a supportive space for everyone. Please note that anyone found to be rude or disrespectful may be removed from the group.

We're excited to work together for a fun and successful season ahead!

Chirnside Park Netball Club also uses Social Media to announce special events, celebrate our members netball achievements and share club photos. We invite you to Subscribe or Follow us at:



[Chirnside Park Netball Club Facebook](#)



[Chirnside Park Netball Club Instagram](#)

CHIRNSIDE PARK NETBALL CLUB

PLAYER & FAMILY PACK 2026

PLAYER & FAMILY COMMITMENT

To ensure your child and family get the most out of their time at Chirnside Park Netball Club it is important to have a level of commitment to your team. This will mean a dedication to attending all training sessions (if possible), participating fully in training activities.

By participating to your fullest in club activities (Presentation Events, Fundraising events, LYVNA Theme Days) you will help create an inviting, and inclusive club environment that you and your child will be proud to be a part of.

TRAINING EXPECTATIONS

Players should:

- Arrive on time.
- Wear appropriate footwear (runners/cross trainers).
- Have their drink bottle and sunscreen on hand.
- Remove all jewellery before training.
- Have trimmed fingernails
- Have hair tied back.
- Participate to their fullest ability.

As players progress through the age groups, training may become a factor in game time allocations, as training drills are tailored to game play and require a team approach. The more that players are able to train the better they can participate fully. This may mean that players who have not trained may need to start games on the interchange bench to discuss team strategies, or if a player continuously misses training they might only play 2 quarters of a game.

For player comfort and safety our 9&U's only train outdoors up to 30 degrees Celsius, while all other teams are 32 degrees Celsius. We do have access to indoor facilities in the case of weather affected training, so the Coaches and Team Managers will communicate any changes or cancellations through the group chats with as much notice as possible. Our club uses the Bureau of Meteorology for its weather data and forecasting for Chirnside Park.

PLAYER ROTATION

It's important for us to ensure that every player gets a fair chance to participate and enjoy the game equally. However a team of ten players will result in at least two players receiving only 2 quarters in a game in order to ensure equal court time over a season. All coaches will do their best to rotate players evenly throughout the season.

GAME DAY EXPECTATIONS

Players should:

- Arrive pre game at the agreed upon time (coaches will communicate this to your team)
- Meet at the designated team area (coaches will communicate this to your team)
- Have correct team uniform (including trimmed nails, no jewellery (skin coloured taped piercings are permitted))
- Have drink bottles and sunscreen on hand.
- Players not on court e.g. substitutes are to sit with the coach/team to give coaches the opportunity to discuss, encourage, and reinforce team and individual objectives.

Families/Carers/Spectators should:

- Once games have commenced spectators are asked to allow the coaches to conduct game activities uninterrupted and to allow the children to participate as independent netballers, and to develop their own resilience and strengths.
- All Umpires decisions are final and spectators are not to address the Umpires, any concerns can be raised with your teams' coach, or team managers after the games.
- On game day we rely on volunteers and families to support with game day activities. Coaches/Team Managers will allocate a different Team Captain each game. The families of Team Captains will be responsible for supplying a scorer for their teams' game which may include collecting the scoring sheet from the LYVNA Office.
- Families/Carers/Spectators are under no circumstance to address opposition team players, or officials.

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PLAYER & FAMILY PACK 2026

TEAM UNIFORM

Below is an extract from the LYVNA Dress Code Policy

13. DRESS CODE

- (f) All Players must wear their Club or Team nominated uniform including positional bibs and any sports briefs or shorts when participating in the Association's activities.
- (g) Any Player may seek a variation to the uniform for medical, cultural, religious or other reasonable grounds and must submit a request to the Association, which may be granted or declined at the discretion of the Association.
- (h) Long sleeve tops may be worn under the dress/shirt in the registered colour.
- (i) Participants in 9&U sections only may wear tracksuit pants or leggings in the registered colour.
- (j) Dresses and skirts must be an appropriate length
 - a. At normal stance, the dress must cover the undergarments (sports briefs or shorts).
 - b. Must not be revealing when arms are raised above your head.
- (k) When participating in the Associations' competitions or programs a Player must remove all jewellery and body piercings that can be removed. Any jewellery or body piercings that cannot be removed must be covered securely with soft cotton tape.
- (l) Fingernails must be short and smooth or taped securely with soft cotton tape when participating in the Association's competitions or programs.
- (m) Hair must be suitably tied back
- (n) Hats, caps and visors may be worn but must have a soft bill/brim
- (o) Association approved Netball gloves may be worn, bylaw 13.1 (l) still applies.
- (p) Any individual who breaches Bylaw 13.1 will not be able to take the court. If the breach is brought to the attention of the Committee, Court Supervisors or Umpires, during a match, the Player must be removed from the court immediately. The Player may not be replaced until the next interval.

COACHES

All Chirnside Park Netball Club Coaches sign onto our Coach's Code of Conduct which outlines their responsibilities and key focus areas in regards to individual player development, team structures, player safety, communication, and player enjoyment of the game. All our Coaches are volunteers and devote a lot of time to uphold our clubs' standards. If you have any concerns regarding individual coaches that cannot be resolved directly please email the club at chirnsideparknc@gmail.com

UMPIRES

Without Umpires the game would not exist. Here are a few simple things to keep in mind on game day, this is a kid's sport, this is a game, the Umpires are human, often minors, often learning, and to be treated with respect. We repeat that all Umpire decisions are final. Parents/spectators are not to address Umpires at all, please direct any concerns to your Coaches.

SCORING

Attached is a How to Score sheet supplied by LYVNA. This is to be filled out during the game by the HOME team's scorer. The AWAY team's scorer must sit next to the HOME team scorer to verify information on the score sheet is correct and to operate the manual scoreboard (flip cards).

FAIREST & BEST VOTING

The Scoring family each week will be asked to allocate votes towards the seasons Fairest & Best awards. This will be communicated to you by the Team Coach or Team Manager. When allocating votes toward the Fairest & Best tally Scorers should consider the following player attributes:

- o Sportsmanship
- o Teamwork
- o Encouragement of others
- o Netball skills

Votes are given out as a 2 and a 1 with the '2' being the player who the scorer believes showed the qualities we respect and value as a club. These votes are then added to the Team Coaches votes and form the basis of the end of seasons Fairest & Best players awards.

CHIRNSIDE PARK NETBALL CLUB

PLAYER & FAMILY PACK 2026

GO PANTHERS!!!

We're so excited to welcome your player to Chirnside Park Netball Club — and even more excited to have your whole family joining the fun!

At CPNC, we're all about great netball, big smiles, and an even bigger sense of community. We focus on building skills, confidence, and friendships, all while making sure everyone is having a blast. If you ever have a question, need a hand, or just want to share a win, we're always here.

This season is about more than goals and whistles — it's about high-fives, sideline cheers, new friendships, and those proud moments after the final siren. We can't wait to create memories with you all on and off the court.

Here's to an awesome season full of teamwork, growth, laughter, and plenty of Panther pride.
Let's do this — Go Panthers

CHIRNSIDE PARK NETBALL CLUB
PLAYER & FAMILY PACK 2026

MEDICAL FORM

This document is confidential. It is required by the Chirnside Park Netball Club (CPNC) for all players competing during the season and will be held by a club official.

Name of Player: _____
Birth Date: _____
Address: _____
Phone: _____ Mobile: _____
Email Address: _____
Mother's Name: _____
Father's Name: _____
Family Doctor's Name: _____
Address: _____
Private Health Insurance: ☐ Yes ☐ No. Name of Fund: _____ Member No: _____
Ambulance Coverage: ☐ Yes ☐ No Membership No: _____
Medicare No: _____

Is your child taking regular medication? ☐ Yes ☐ No

If yes, please state the name of medication on page 2 of this medical form.

Does your child suffer from any of the following?

Fits of any type	☐ Yes ☐ No
Migraine	☐ Yes ☐ No
Haemophilia	☐ Yes ☐ No
Asthma	☐ Yes ☐ No
Fainting/Dizzy Spells	☐ Yes ☐ No
Diabetes	☐ Yes ☐ No
Allergies (Inc. bee stings, food, grasses etc)	☐ Yes ☐ No
Heart Condition	☐ Yes ☐ No
Other (please state)	☐ Yes ☐ No

Does the above player have any medical conditions that the Club should be aware of? If so, please give details on page 2 of this medical form. This form must be signed and dated by parent or guardian.

EMERGENCY CONTACT 1: _____ PHONE NO. _____

EMERGENCY CONTACT 2: _____ PHONE NO. _____

EMERGENCY CONTACT 3: _____ PHONE NO. _____

CHIRNSIDE PARK NETBALL CLUB

PLAYER & FAMILY PACK 2026

It is the Parent/Guardians obligation to ensure that they are on hand at all times, to make any medical judgement calls. If, however, due to unseen circumstances a Parent/Guardian cannot be present, any judgement call requiring medical treatment will be made by the CPNC, and I/we will pay for any ambulance or treatment cost incurred at no expense or liability to the CPNC or its volunteers.

CPNC and all club volunteers are not permitted to administer any and all medications, some of which may be, but not limited to; Panadol / Paracetamol, EpiPen (Anaphylaxis medication), Ventolin (Asthma medication).

My/my child _____ (name)
has the following medical condition/s:

1. _____
2. _____
3. _____
4. _____

The treatment required, to be administered by myself, second parent or Guardian is:

1. _____
2. _____
3. _____
4. _____

While the CPNC will monitor the situation to best of their ability, the onus is on you, the Parent/Guardian to be on hand to administer any and all medication/s required at all times.

PHOTO CONSENT

I give consent for Chirnside Park Netball Club to share my/my child's _____ (name)
image and first name on Chirnside Park Netball Club's social media platforms (Facebook, Instagram & TikTok) &
Website as indicated below (please tick):

- | | |
|--|---|
| ☐ Yes ☐ No | Team Photos |
| ☐ Yes ☐ No | Individual Achievements (e.g. Player of the Day or Best & Fairest Awards) |
| ☐ Yes ☐ No | Gameplay/Social Function images |
| ☐ Yes ☐ No | Promotional Material |

I, Parent/Guardian (Please circle), acknowledge and accept Chirnside Park Netball Club's policies and expectations as outlined in the Player & Family Pack and confirm my/my child's medical information is accurate as of the date of this signature:

Name: _____

Signed: _____

Date: _____

CHIRNSIDE PARK NETBALL CLUB

PLAYER & FAMILY PACK 2026

IMPORTANT DATES

Round	Date	Details
	Wed, 28 Jan 26	School Returns
	Sat, 31 Jan 26	NO GAMES
	Sat, 7 Feb 26	NO GAMES
	Sat, 14 Feb 26	Club Winter Registrations due by 12:00 noon
	Mon, 16 Feb 26	Umpires Convenors Meeting, 7:30 pm <i>Compulsory attendance by all affiliate clubs (1 representative)</i>
	Tue, 17 Feb 26	Introduction to Umpiring Clinic, 4:30 to 6:30 pm <i>New and beginner umpires</i>
	Sat, 21 Feb 26	Umpires Workshop, 10:00 am to 12:00 pm <i>All registered umpires</i>
Winter Rounds		
1	Sat, 28 Feb 26	Grading Games
	Sat, 7 Mar 26	NO GAMES - Labour day weekend
2	Sat, 14 Mar 26	Grading Games
3	Sat, 21 Mar 26	Grading Games
4	Sat, 28 Mar 26	Grading Games
	Sat, 4 Apr 26	NO GAMES - School Holidays & Easter w/end
	Sat, 11 Apr 26	NO GAMES - School Holidays
	Sat, 18 Apr 26	NO GAMES - School Holidays
	Sat, 25 Apr 26	NO GAMES - Anzac Day weekend
5	Sat, 2 May 26	LYVNA NetSetGO Activites - starts
6	Sat, 9 May 26	Pink It Up At Pinks Day
	Tue, 12 May 26	Mid Season Open Meeting, 7:00 pm <i>Compulsory attendance by all affiliate clubs (1 representative)</i>
7	Sat, 16 May 26	
8	Sat, 23 May 26	
9	Sat, 30 May 26	
	Sat, 6 Jun 26	NO GAMES - King's Birthday weekend
10	Sat, 13 Jun 26	
11	Sat, 20 Jun 26	
12	Sat, 27 Jun 26	School Holidays (starts 26 June)
	Sat, 4 Jul 26	NO GAMES - School Holidays
	Sat, 11 Jul 26	NO GAMES - School Holidays
13	Sat, 18 Jul 26	
14	Sat, 25 Jul 26	
15	Sat, 1 Aug 26	
16	Sat, 8 Aug 26	
17	Sat, 15 Aug 26	LYVNA NetSetGO Activities - finishes
Semi Final	Sat, 22 Aug 26	
Prel. Final	Sat, 29 Aug 26	9&U - last round, Club Spring Registrations due by 12:00 noon
Grand Final	Sat, 5 Sep 26	

Any changes will be posted on our Social Media accounts, and communicated through team chat groups.

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PLAYER & FAMILY PACK 2026

Round	Date	Details
	Sat, 12 Sep 26	NO GAMES
	Sat, 19 Sep 26	NO GAMES - School Holidays
	Sat, 26 Sep 26	NO GAMES - School Holidays
	Sat, 3 Oct 26	NO GAMES - School Holidays
	Mon, 5 Oct 26	Umpires Convenors Meeting, 7:30 pm <i>Compulsory attendance by all affiliate clubs (1 representative)</i>
	Tue, 6 Oct 26	Introduction to Umpiring Workshop, 4:30 to 6:30 pm <i>New and beginner umpires</i>
Spring Rounds		
1	Sat, 10 Oct 26	LYVNA NetSetGO Activities - starts
2	Sat, 17 Oct 26	
3	Sat, 24 Oct 26	
	Tue, 27 Oct 26	AGM and Open Meeting, 7:30 pm Compulsory attendance by all affiliate clubs (2 representatives)
	Sat, 31 Oct 26	NO GAMES - Melbourne Cup weekend
4	Sat, 7 Nov 26	
5	Sat, 14 Nov 26	
6	Sat, 21 Nov 26	
7	Sat, 28 Nov 26	
8	Sat, 5 Dec 26	
9	Sat, 12 Dec 26	LYVNA NetSetGO Activities - finishes
	Sat, 19 Dec 26	NO GAMES - Xmas Holidays start

Any changes will be posted on our Social Media accounts, and communicated through team chat groups.

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HOW TO SCORE



Lilydale & Yarra Valley Netball Association
LYVNA - WINTER 2024
Division: 13 & Under Sect 5

Round: Round 9		Date: 25/05/2024		Venue: Pinks Reserve/Court 7		Time: 11:22 am	
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Home Team: Chirnside Park CPNC7

#	Player Name	Q1	Q2	Q3	Q4
1	Anna Grigg	GS	—	GS	GA
2	Melissa Tickner	GA	GA	— / C	C / — / GS
3	David Tickner	GK	—	GD	— / GS / —
4	Jess Fouet	—	GS	GA	GS / —
5	Sarah Khoo	WA	WA	—	WD
6	Janine Thomas	GD	WD	C / —	— / C
7	Tegan Davies	WD	C	WD	— / GK
8	Lisa Button	—	GD	GK	GK / —
9	Joy Smith	C	GK	WA / —	GD
10	NICOLE JORDAN CPNC7	—	—	— / WA	WA
11					
12					

Away Team: Dynamite Superstars DSNC1

#	Player Name	Q1	Q2	Q3	Q4
1	Andrew DeVries	WA	WA	—	C
2	Jessika Kann	GA	—	GA	GS
3	Megan Holliday	GD	GD	—	GK
4	Jess Nickhoids	—	WD	GD	GA
5	Chantelle Ashley	C	GS	C	—
6	Beck Dalton	GK	GK	GK	—
7	Melissa Sholakis	—	C	GS	WA
8	Jayde Packer	GS	GA	WA	WD
9	Rachael Thompson	WD	—	WD	GD
10					
11					
12					

Centre Passes

	C	D	C	D	C	D	C	D	C	D	C	D
Q1	GS											
GA												
Q2	GS											
GA												
Q3	GS											
GA												
Q4	GS											
GA												
ET	GS											
GA												

Centre Passes

	C	D	C	D	C	D	C	D	C	D	C	D
Q1	GS											
GA												
Q2	GS											
GA												
Q3	GS											
GA												
Q4	GS											
GA												
ET	GS											
GA												

Progressive Score

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120

Progressive Score

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120

Officials

Officials	Name	Signature
Scorer	TAYLOR SWIFT	<i>[Signature]</i>
Umpire	BRUNO MARS	<i>[Signature]</i>
Captain	ANNA GRIGG	<i>[Signature]</i>

Officials

Officials	Name	Signature
Scorer	MICHAEL JACKSON	<i>[Signature]</i>
Umpire	KYLIE MINOGUE	<i>[Signature]</i>
Captain	CHANTELLE ASHLEY	<i>[Signature]</i>

LIST FILL-IN & EMERGENCY PLAYERS INCL. TEAM

MARK SCORES AGAINST EACH POSITION

ENTER TOTAL SCORE FOR GAME

KEEP RUNNING TOTAL OF GOALS SCORED

FILL IN ALL PLAYERS FULL NAMES AND POSITIONS FOR EACH QUARTER KEEPING TO LEFT HAND SIDE OF COLUMN TO ALLOW FOR ROLLING SUBS

TOTAL UP EACH POSITION AND QUARTER

CIRCLE END OF QUARTER SCORES